

# ZOOM

on Fedhealth benefits



## The Fedhealth Baby Programme

When it comes to baby, only the best will do

Fedhealth offers a top-notch baby programme designed to offer the best advice, support and personalised care during every stage of pregnancy and beyond.

Put together by experts with Mom and the little one in mind, Fedhealth Baby is there to make the life-changing experience of being a parent all the more special and rewarding, and a little less daunting. It offers amazing giveaways, discounts and education, not to mention just plain fun for both Mom and Dad. **Best of all is that it's FREE!**

### Expectant parents can look forward to:

#### Doula support

Fedhealth covers a doula for pregnancy and birth support with a subsidy of R3 000! A doula is a pregnancy support expert and is there to guide and help you in achieving your birth plan – visiting with you in pregnancy and supporting you from the onset of labour, to provide comfort in birth.

#### A Fedhealth baby bag

This handy baby bag is usually sent a month after registration and is packed with quality products, such as organic baby products from Pure Beginnings, a baby gift pack, a pregnancy book and lovely samples to try. Everything in the bag has been especially chosen to help parents take care of their little bundle of joy from tip to toe.

#### Vouchers and discounts

Discounts and vouchers for the best baby brands including:

- **15% off** Pigeon breastpads
- **15% off** safety products for babies and toddlers from 4aKid
- From **10 to 25% off** Chelino strollers, camp cots and car seats
- **20% off** Babynastics classes countrywide
- **20% off** a Snuzza baby monitor
- **10% off** a Mimi Luxe stroller
- **10% off** Pigeon baby products and Elektra humidifiers
- **15% off** breast pumps and sterilisers
- **25% off** BabyJoy nappies
- **20% off** Boobi Blankets
- **25% off** Lots 4 Tots baby play mats
- **Free immunisation email reminders** from Tum2mom

#### Education and support

Fedhealth Baby members receive ongoing communication and education in the form of emails and e-letters (to Mom and Dad), health profiling for each trimester, funding for doula assistance (labour support) during natural birth together with a new birth card, call out on estimated due date to check on member's progress, and follow up on the birth within a week of the due date. Plus, members can also register on the Fedhealth Family Room online member portal to join our Baby Bumps community for a host of interesting reads about your pregnancy journey!

#### Baby Medical Advice Line

A dedicated 24-hour medical advice line for any pregnancy concerns, pre-or post-birth.

### It's FREE, so register today!

**Fedhealth Baby** is committed to offering the very best maternity care available, and to help make the pregnancy and parenthood journeys as joyful as they are meant to be.



Call **0861 116 016** or  
email **info@babyhealth.co.za**  
for more information and  
to apply now.



## CONTACT NUMBERS

Please call **0860 002 153** for all general enquiries and customer care assistance, including benefit and limit confirmation and document requests, as well as Hospital authorisations, chronic medication enquiries and oncology related authorisations.

Disease Management  
**0860 002 153**

Europ Assistance  
**0860 333 432**

MVA Third Party Recovery Department  
**0800 117 222**

Fedhealth Baby  
**0861 116 016**