# A QUICK GUIDE

**flexiFED 1** falls within the **flexiFED** range which is designed to provide members with choice and flexibility in order to save without compromising on benefits.

**flexiFED 1** is for young people who are single, in a relationship or just married.

**Save 25% on Risk Benefit Contribution**

# flexiFED 1
## Young singles

## RISK BENEFIT

### IN-HOSPITAL BENEFITS

| | |
|---|---|
| **Hospitalisation** | Unlimited at network hospitals |
| **Maternity** | Unlimited at cost with network GPs and Specialists |
| **Network GPs and Specialists** | Unlimited cover at cost |
| **Non-network GPs, Specialists and other healthcare providers** | Up to 100% of FR |
| **Oncology, organ transplant and renal dialysis** | Unlimited at cost up to PMB level of care |

### CHRONIC DISEASE BENEFIT

**Unlimited**
**Chronic Disease List (CDL)**
**Designated Service Provider. Basic formulary and MPL**

### DAY-TO-DAY BENEFIT

- **Baby programme**
- **Doula benefit**
- **Postnatal midwifery benefit**
- **Infant hearing screening test**
- **Paed-IQ**
- **Post hospitalisation treatment**
- **Take-home medicine**
- **Specialised radiology**
- **Trauma treatment at a casualty ward**
- **Female contraception**

### SCREENING BENEFIT

- **Women's Health**
- **Men's Health**
- **Children's Health**
- **Cardiac Health**
- **Flu vac**
- **HIV finger prick test**
- **Health Risk Assessments**

### ADDITIONAL BENEFITS

- **Upgrade within 30 days of a life changing event or on diagnosis of a dread disease**
- **24 hour nurse line**
- **Emotional wellbeing programme**
- **MediTaxi**
- **SOS call me**
- **Weight management programme**
- **Smoking cessation programme**

### THRESHOLD BENEFIT

**Unlimited GP visits at nominated network GPs**
**Dentistry** Preventative dental benefit

## CONTRIBUTION RATES

| | Main Option | Elect |
|---|---|---|
| P | R1 721 | R1 341 |
| P+1AD | R3 070 | R2 389 |
| P+1AD+1CD | R3 698 | R2 877 |
| P+1AD+2CD | R4 326 | R3 365 |

**MEDIVAULT** **WALLET**

| | How much is in the MediVault |
|---|---|
| M | R9 000 |
| M+1 | R12 600 |
| M+2 | R13 800 |
| M+2+ | R15 000 |

Transfer funds from your MediVault to your Wallet – in one go or increments of R600 – for day-to-day medical expenses. Only then will you start paying it back interest-free over 12 months!

**PAY BACK OVER 12 MONTHS INTEREST FREE**

FEDHEALTH